

INTERNSHIP OPPORTUNITY

Position: Nutrition Facilitator Intern

Organization: Union Settlement Association

Responsibilities: The intern will work with the Development and Communications team to:

- Help develop and implement nutrition curriculum to encourage healthy food choices for participants in Union Settlement's programs.
- Assist in the creation of educational materials and nutritious recipes using affordable ingredients and local produce.
- Prepare and perform interactive cooking demonstrations and healthy food tastings.
- Assist with the marketing and logistics of events in our urban garden.
- Research fundraising opportunities for our urban garden.

This is an opportunity to be involved with a well established organization serving the diverse East Harlem community. A creative, high-energy individual will have the opportunity to gain firsthand experience with educating different age groups on nutrition at Union Settlement Association.

<u>The Organization:</u> Since 1895 Union Settlement Association has been a community mainstay, fostering leadership and self-sufficiency by helping our neighbors to build better lives for themselves and their families. Today, we are one of the area's largest social service agencies. Each year, we serve more than 13,000 people with effective programs in education, childcare, youth development, senior services, job training, the arts, nutrition, counseling, and community development.

Compensation: Course credit where available

Qualifications: Candidates should possess the following qualifications and skills:

- Enrolled in Bachelors or Masters Degree program.
- Able to work at least 6 hours a week for 10-12 weeks.
- Basic knowledge of nutrition; coursework in nutrition preferred.
- Must have passion for urban gardens and healthy, local food.
- Experience and confidence in communicating with children and seniors.
- Spanish language skills highly-preferred.

To Apply: Interested candidates should email a cover letter and résumé to

abriski@unionsettlement.org. No phone calls please.